



Our Lady of Grace Catholic School

Expanding Minds • Growing Faith • Inspiring Service

Calendar Links



[Click here for the 2019-20
School Calendar](#)



[CLICK HERE for the LUNCH
CALENDAR](#)



Oct. 4 Eagle Walk and Spiritwear Day
Oct. 10 Pink Out Day ~
Students can dress in pink for \$1.00

[EVENTS CALENDAR](#)



Weekly Bulletin

October 3, 2019



Eagle Walk is tomorrow!!

Reminders for this super fun event:

1. All students should wear their Eagle Walk t-shirts. (Some classes are sending them home today, while others are keeping them at school for the event tomorrow.) Students can wear out of uniform bottoms and gym shoes.
2. Only volunteers who signed up to work and have been Virtus checked are allowed to be at the Eagle Walk.
3. Students have the option to pack or buy lunch.
4. School starts at the regular time tomorrow.
5. Have fun and be safe!!

Religious Education

Saint Francis of Assisi's Story

Tomorrow, October 4, is the Feast Day of one of my favorite saints – Francis of Assisi! The patron saint of Italy, Francis was a poor little man who astounded and inspired the Church by taking the gospel literally - actually following all that Jesus said and did, joyfully, without limit, and without a sense of self-importance.

He began as the son of a wealthy cloth merchant who hoped his son would follow in his footsteps. Francis and his friends spent days and nights in wild parties and loved living the life of a rich and privileged person. He went off to war as a knight to experience glory but instead saw many of his friends killed and soon found himself in a foreign prison. During this, the young Francis came to see the emptiness of his life as leader of Assisi's wealthy youth. Prayer - lengthy and difficult - led him to a self-emptying life like that of Christ, climaxed by embracing a leper he met on the road. It symbolized his complete obedience to what he had heard in prayer: "Francis! Everything you have loved and desired you must now despise and hate, for if you wish to know my will, you will find great sweetness and exceeding joy." Francis immediately gave all his earthly wealth and possessions back to his father so that he would be totally free to say, "Our Father in heaven." He then became a poor beggar.

While praying before the cross in the falling-down field-chapel of San Damiano, he heard Christ call him from the cross: "*Francis, Francis, go out and build up my house, for it is nearly falling down.*" Believing Christ had asked him to rebuild the church of San Damiano, Francis soon became the totally poor and humble workman and began to put brick on brick until the little church was repaired. But Francis had suspected a deeper meaning to "build up my house." He was, for a time, considered to be a religious fanatic, begging from door to door when he could not get money for his work, evoking sadness and disgust from his friends, and ridicule from the unthinking. But genuineness will tell. A few people began to realize that this man was actually trying to be Christian. He really believed what Jesus said: "Announce the kingdom! Possess no gold or silver or copper in your purses, no traveling bag, no sandals, no staff" (Luke 9:1-3).



The earliest painting of Francis painted in 1229 - two years after his death.

Soon other young men from Assisi joined Francis. His first rule for his followers was a collection of texts from the Gospels. He had no intention of founding a religious order, but once it began, he protected it and accepted all the legal structures needed to support it. He even journeyed to Rome to seek the blessing of Pope Innocent III - which he received. His devotion and loyalty to the Church were absolute and highly exemplary at a time when various movements of reform tended to break the Church's unity.

Francis was torn between a life devoted entirely to prayer and a life of active preaching of the Good News. He decided in favor of the latter, but always returned to solitude when he could. He wanted to be a missionary in Syria or in Africa, but was prevented by shipwreck and illness in both cases. He did try to convert the Sultan of Egypt during the Fifth Crusade. He lived a simple and holy life - embracing all of God's creation, loving even the smallest of God's creatures - living in harmony with nature.

During the last years of his relatively short life, he died at 44, Francis was half blind and seriously ill. Two years before his death he received the stigmata, the real and painful wounds of Christ in his hands, feet and side. On his deathbed, Francis said over and over again the last addition to his *Canticle of the Sun*, "Be praised, O Lord, for our Sister Death." He sang Psalm 141, and at the end asked his superior's permission to have his clothes removed when the last hour came in order that he could die lying naked on the earth, in imitation of Jesus. Francis of Assisi was poor only so he might be more like Christ. He recognized creation as a sign of the beauty of God. He did great penance - and his poverty meant a total dependence on the good God. Francis lived a humble gospel life, summed up and perfectly expressed in the charity of Jesus.

So tomorrow on his Feast Day, hug your pets, plant a garden, water your house plants, fill your bird-feeder, and go outside and take a deep breath and say a thank you prayer to Saint Francis for reminding us of the power of prayer and the simple beauty of nature and all its creatures.

Mark Friedman, CRE



Parenting Road Map

Power of Three

1. Support Your Child's Self-Confidence

You can support your child's self-confidence by letting them know they are loved unconditionally each and every day. Point out and affirm their unique, individual strengths and celebrate their successes. Actively listen to what they have to say and be empathetic and open to their feelings.

Here are 3 ways to support your child's self-confidence

1. Take the VIA Character Strengths Survey <https://beechacres.org/taketheviasurvey/>
2. Spend at least 5 unplugged minutes per day with your child
3. Be intentional about offering praise

2. Boost Your Child's Resilience

Continue to show your ongoing and unconditional love and support while allowing your child to be independent and develop their own coping and problem-solving skills. Avoid "helicopter" or "lawnmower" parenting whenever possible to encourage independence.

Here are 3 ways to boost your child's resilience

1. Let your child make choices. Guide them by providing solutions that you are comfortable with.
2. Name your emotions when you are feeling them and encourage your child to do the same.
3. Let your child deal with the consequences of their actions. Be there to follow up and support them, but allow them to use their strengths to deal with situations.

3. Promote Your Child's Mental Well Being

Speak to your child regularly about important topics such as mental health, dating, respect, and relationships. Focus on your family's values when discussing these topics. Encourage your child to take care of themselves by relaxing, practicing mindfulness and putting down their phone from time to time. Model these behaviors by practicing them yourself.

Here are 3 ways to promote your child's well-being

1. Practice mindfulness, meditation, and other relaxation activities with your child.
2. Talk with your child about stress and symptoms they may feel because of that stress.
3. Gather more information about your child's developmental stage.



A Parent Connex™ Parenting Specialist from Beech Acres Parenting Center may be available in your pediatrician's office. Visit us at Group Health Associates in Anderson Township.

Questions? Call 513.231.6630



Picture Retake Day

Picture Day is Coming

Order before
Picture Day at

mylifetouch.com

Picture Day is:
Wednesday, October 30, 2019
Our Lady Of Grace Retake Day!

- ① Visit:
mylifetouch.com
- ② Enter
your Picture Day ID
EVTP4B92F
- ③ Order
your perfect package—and
don't worry about returning
anything on Picture Day!



Lifetouch
REWARDS™

Order online and receive
exclusive offers from
Lifetouch Rewards.

Questions? Please contact Customer Service at 800-736-4753.

OLG PTO

WEEKLY NEWSLETTER

Thursday October 3, 2019

EAGLE WALK 2019

Tomorrow is the BIG day!
We are looking forward to a fun day!
Help us reach our \$35,000 goal!

- Turn in day tomorrow, October 4th!!
- Volunteers – please remember to park in the Groesbeck Park lot on Clare Ave. The school parking lot will be secured at 930a.
- If you did NOT sign up to volunteer, please remember that you must check in at the office and you must be VIRTUS trained to participate.
- There are so many new and exciting things happening at the walk this year:
 - We will have Colerain Township police and fire there for “Touch a Truck!”
 - Mr. Redlegs will be walking with us in the morning!
 - There will be several other special guests throughout the day
 - TONS for awesome raffle prizes!!

If you have any questions regarding the Eagle Walk, please email us at pto@olgcs.org

BOX TOPS

Box Tops turn in day is tomorrow, Friday October 4th! Please send in all the tops you have at home – we are doing one more shipment before the 11/1 cut off!

PTO MEETING REMINDER

The next PTO meeting is Monday October 14th at 630pm in the teacher’s lounge. Hope to see lots of new faces!





Our Lady of Grace Athletic Association



Boys Basketball registration is now open! Boys basketball is offered for all boys in grades 3-8 who are enrolled at Our Lady of Grace or who are members of one of the covenant parishes (Assumption, St. Margaret Mary, Little Flower, St. Ann). Click the link below to sign up!

<https://leagues.bluesombrero.com/Default.aspx?tabid=958716>

Information for Boys Basketball open gym times are listed below. Open gyms are open to any boys interested in playing basketball at OLG, and for current players to get some practice in before skills assessments. All skills levels and experience levels are encouraged to come out!!

Monday 9/30:

3rd/4th/5th grades from 6-7pm

6th/7th grade from 7-8pm

8th grade 8-9pm

Wednesday 10/2:

3rd/4th/5th grades from 6-7pm

6th/7th grade from 7-8pm

8th grade 8-9pm

Skills Assessment Information

Skills assessments are a requirement to participate in OLG basketball. Everyone makes a team that signs up to play!! Our league has 4 competition levels in each grade, so it is important to know our athletes skill levels to get each team placed in the proper competitive division. See below for days/time by grade level:

Monday 10/7

3rd/4th/5th grade from 6-7pm

6th grade from 7:15-8:15pm

Thursday 10/10

7th grade from 6-7pm

8th grade from 7:15-8:15pm

All assessments are held at Assumption. Practice will start at the end of October & games start the weekend of December 7th.



Take a look at the brand new scoreboards installed at Little Flower Gym! This gym serves as home courts for both Girls Volleyball & Girls Basketball. Big thanks to Brian Seng, our Equipment Manager & Debbie Mattingly, our Board Treasurer for their hard work over the summer to get this major facility upgrade completed.



Saturday, October 19, 2019

St. Ann Euchre card night, tournament style!

St. Ann Gym - 6:30pm

Social & Seasoned players welcome

\$20.00 for individual / \$17.50 each for groups of 4 or more
- price includes Skyline dinner

Call the office or email us to register
521-8440 or info@saintannparish.org



OPEN HOUSE

NOVEMBER 10
1-4 PM



PLACEMENT TEST

November 23
8 am - 12 pm
\$30

Register online:
[lasallehs.net/
admissions/hspt](http://lasallehs.net/admissions/hspt)



SHADOW US

We invite current 8th-grade students to spend a day with us! Shadow days are available through December 20.

LA SALLE HIGH SCHOOL

Home of the Lancers!

3091 North Bend Road
Cincinnati, OH 45239
lasallehs.net/admissions



FOR MORE INFORMATION, CONTACT JAKE PUCCI AT [JPUCCI@LASALLEHS.NET](mailto:jpucci@lasallehs.net)



CLASS OF 2024

OPEN HOUSE

SUNDAY, NOVEMBER 17

Join us for Open House on Sunday November 17 from 1 –4 p.m. We welcome ALL prospective families to experience our campus.



X-PERIENCE DAYS

BEGIN SEPTEMBER 10

Register for an X-Perience Day (also known as shadowing.) Open dates can be found at

stxavier.org/admissions

HSPT (High School Placement Test)

SATURDAY, NOVEMBER 23

Prep classes at St. X take place on November 2 and 9. Sign-ups for the class can be found at

stxavier.org/admissions



Applications must be complete no later than Friday, November 29