



# 2017-18 Breakfast & Lunch Menu

Our Lady of Grace Catholic School



## WEEKLY BREAKFAST MENU - NEW THIS YEAR!

Students will select Hot or Cold Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Entrée:	Flavored Pancakes	Apple Pocket	Banana Bread	Pancake on a Stick	French Toast Mini's
Cold Entrée Options:	Assorted Cereal & WG Muffin	Assorted Cereal & Yogurt	Assorted Cereal & Breakfast Bar	Assorted Cereal & Boiled Egg	Assorted Grains
Fruit & Milk Choices:	Daily assorted fruit, 100% juice, 1% white, nonfat white & nonfat chocolate milk will be offered to students at all meal times.				

Students choose between 1 hot entrée or up to 2 cold entrée's and can pair the entrée with up to 2 fruit choices and milk. All must take 1 fruit choice. \*Please Note: The cashier will ensure a proper meal is selected by the student. If not, they will be redirected to complete their breakfast, with the exception of **Milk Only purchases**, which will be sold to students for \$0.50.

## Monthly Lunch Menu

\*Assorted Fruit such as dried fruit, canned fruit, whole fresh fruit and 100% juice, offered daily. Baby carrots offered daily in addition to the hot vegetable of the day! Students may select up to 3 side items with their entrée of choice.

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Blue	Popcorn Chicken & Mac N Cheese Green Beans, Assorted Fruit & Milk	Hamburger/Cheeseburger Lettuce, Tomato & Pickles, Assorted Fruit & Milk	Cincy Chili 3 Way w/ Crackers Top it off with Red Beans Diced or Onions; Celery Sticks w/ Hummus, Assorted Fruit & Milk	Brunch For Lunch: French Toast Sticks with Egg Patty & Syrup Tasty Tater Tots, Assorted Fruit & Milk	Pepperoni Pizza Slice Steamy Broccoli, Assorted Fruit & Milk
Red	Chicken Nuggets with Soft Pretzel Sweet Potatoes, Assorted Fruit & Milk	Pepperoni Stromboli Romaine Lettuce Salad w/ Dressing, Assorted Fruit & Milk	Grilled Cheese Tomato Soup, Assorted Fruit & Milk	Chicken Soft Taco w/ Cheese Black Beans, Salsa & Crunchy Corn	Cheese-filled Bread Stix w/ Pizza Dipping Sauce Green Beans, Assorted Fruit & Milk
Green	Chicken Tenders with Roll Green Beans, Assorted Fruit & Milk	Brunch For Lunch: Waffle Sticks & Turkey Sausage & Syrup Potato Smiles, Assorted Fruit & Milk	Orange Chicken w/ Asian Rice Peas & Carrots, Assorted Fruit & Milk	Chicken Patty Sandwich Sweet Potato Fries, Assorted Fruit & Milk	Mini Pizza Bagels Seasoned Mixed Veggies, Assorted Fruit & Milk
Yellow	Smiley Face Chicken Patty w/ Biscuit Mashed Potatoes & Gravy, Assorted Fruit & Milk	Dress your Dog! w/ Beef Franks Toppings: Chili, Cheese, Beans Home Style Baked Beans, Assorted Fruit & Milk	Pasta w/ Meat Sauce, Cheese & Garlic Breadstick Romaine Salad w/ Dressing, Assorted Fruit & Milk	Taco Meat, Cheese & Corn Chips Mexi-Call Corn (Corn w/ Red Pepper), Assorted Fruit & Milk	Cheese Pizza Slice California Blend, Assorted Fruit & Milk
Orange	Chicken Nuggets with Roll Redskin Potatoes, Assorted Fruit & Milk	Brunch For Lunch: Pancakes & Eggs Sweet Potato Puffs, Assorted Fruit & Milk	Lasagna Roll Up & Garlic Breadstick Yummy Green Beans, Assorted Fruit & Milk	Chicken Tender Wrap Crisp Celery w/ hummus, Assorted Fruit & Milk	Marco's Pizza! Broccoli, Assorted Fruit & Milk
Daily Entrée Alternate:	• Peanut Butter and Jelly sandwich w/ string cheese	• Bagel w/ Cream Cheese, String Cheese & Yogurt	• Moo Meal: Yogurt, Granola, String Cheese, Cheddar Goldfish	• Turkey Corn Dog	• Fish Sandwich

All students purchasing a MEAL at lunch are required to select at least 1 serving of fruit or vegetable, but students may select up to 3 sides with a meal. The cashier will redirect students who have not met this requirement. Students are allowed to charge up to 3 lunches. Any student charging more than 3, will be offered a PB&J or cheese sandwich with milk for a reduced meal rate of \$1.50. Please be sure to check your meal account online to ensure proper funds are available for your student's purchases. Parents will be expected to pay student debt by the end of the school year. Verbal reminders, emails, backpack fliers, mailings and hand stamps may be used to notify parents. Smart Snack compliant a la carte items will also be sold. You can limit the sale of these items to your child. Please send in a note to the cafeteria staff to do limit your student's purchases.

**Please note: Students are not required to take the hot vegetable with the entrée.**

Don't forget to turn in a 2017-18 free and reduced price family meal application! If you were receiving meal benefits during 16-17, please reapply before Oct. 2, to prevent loss of benefit.

AUGUST					SEPTEMBER					OCTOBER					NOVEMBER					DECEMBER										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Blue				23	24	25	Green				1	Red	2	3	4	5	6	Blue				1	2	3	Orange				1	
Red	28	29	30	31			Green	4	5	6	7	8	Green	9	10	11	12	13	Red	6	7	8	9	10	Blue	4	5	6	7	8
Aug 23 - First day of school						Yellow	11	12	13	14	15	Yellow	16	17	18	19	20	Green	13	14	15	16	17	Red	11	12	13	14	15	
						Orange	18	19	20	21	22	Orange	23	24	25	26	27	Yellow	20	21	22	23	24	Green	18	19	20	21	22	
						Blue	25	26	27	28	29	Blue	30	31				Orange	27	28	29	30			25	26	27	28	29	
						Closed: Sept. 4 - Holiday					Closed: Oct. 20 - Teacher In-Service					Closed: Nov. 21-24 - Conferences & Thanksgiving Holiday					Closed: Dec. 20-Jan. 2 - Christmas Holiday									
JANUARY					FEBRUARY					MARCH					APRIL					MAY										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Yellow	1	2	3	4	5	Green					1	2	Red				1	2		2	3	4	5	6	Orange		1	2	3	4
Orange	8	9	10	11	12	Yellow	5	6	7	8	9	Green	5	6	7	8	9	Red	9	10	11	12	13	Blue	7	8	9	10	11	
Blue	15	16	17	18	19	Orange	12	13	14	15	16	Yellow	12	13	14	15	16	Green	16	17	18	19	20	Red	14	15	16	17	18	
Red	22	23	24	25	26	Blue	19	20	21	22	23	Orange	19	20	21	22	23	Yellow	23	24	25	26	27	Green	21	22	23	24	25	
Green	29	30	31			Red	26	27	28			Blue	26	27	28	29	30	Orange	30					Yellow	28	29	30	31		
Jan. 3 - Return from Winter Break. Closed: Jan. 15 - Holiday					Closed: Feb. 19 - Holiday					Closed: March 9 - Teacher In-Service March 30 - April 6 - Easter Holiday					April 9 - Return from Easter Holiday					Closed: May 28 - Holiday May 31 - Last Day for Students										
Cycle Menu Rotation Key: Color indicates weekly cycle for lunch menu; Bold Days = 1st and last day of school; Gray Color Square = School Closed																														

### MEAL PRICES:

**Breakfast** - \$1.50 1st meal  
\$1.00 for extra entrée

**Lunch** - \$2.85 1st meal  
\$1.50 for extra entrée

\$0.50 milk only; \$0.50 extra side item

**Staff Meals** - \$3.50

\*Entrée, water or milk, & up to 3 sides

**\$2.00 Entrée Only**

This institution is an equal opportunity provider.