



# Our Lady of Grace Catholic School

## 2023-24 Breakfast and Lunch Menu

<b>Weekly Breakfast Menu</b>					
<i>ALL students receive FREE Breakfast!!</i>					
Grab-n-Go Breakfast Only	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Breakfast Bag:</b>	Flavored Pancakes & Fruit	Bagel w/ flavored cream cheese filling & Fruit	Banana Bread & Fruit	Breakfast Sandwich & Fruit	Cinnamon Roll & Fruit
<b>Alternate Breakfast Bag</b>	Muffin, Cereal & Fruit	Muffin, Cereal & Fruit	Muffin, Cereal & Fruit	Muffin, Cereal & Fruit	2-ct Pop Tart & Fruit
<b>Daily Fruit Choices:</b>	A choice of a half cup of fruit and/or a 100% Juice cup are offered. Students must select at least 1 fruit or vegetable with breakfast.				
<b>Daily Milk Choices:</b>	A choice of nonfat white or chocolate milk are offered daily. Students can select 1 with their breakfast bag.				
<i>All breakfast meals will be eaten in the classroom. Breakfast is served from 7:30am to 7:55 am for Grades 1st-8th. It is served at 8:15am for Grades K. If your student wants breakfast, they must arrive on time.</i>					

<b>Monthly Lunch Menu</b>					
<i>We will offer a ½ cup of cooked veggie (color shows the variety of vegetable subgroups offered each week to meet the USDA guidelines) along with a fresh vegetable (carrots/celery/broccoli) or 100% vegetable juice daily. A half cup of fruit, fresh fruit or 100% fruit juice will also be offered daily. Students are offered all items available but only must take 3 (1 of which must be a serving of fruit or veggie)</i>					
Week	Monday	Tuesday	Wednesday	Thursday	Friday
Blue	<b>Chicken Drumstick &amp; Mac n Cheese</b> <i>Carrot Sticks w/ Ranch, Fruit &amp; Milk</i>	<b>Hamburger/Cheese</b> <i>Green Beans &amp; Veg Juice, Fruit &amp; Milk</i>	<b>Brunch for Lunch</b> <i>Turkey Sausage, Pancakes, Tater Tots, Fruit &amp; Milk</i>	<b>Mini-Corn Dog</b> <i>Baked Beans, Fruit &amp; Milk</i>	<b>Cheese Pizza</b> <i>Steamed Broccoli, Fruit &amp; Milk</i>
Red	<b>Popcorn Chicken &amp; Roll</b> <i>Mashed Potatoes, Fruit &amp; Milk</i>	<b>Pepperoni Calzone</b> <i>Peas &amp; Carrots, Fruit &amp; Milk</i>	<b>Cincinnati Chili w/Spaghetti</b> <i>Fruit &amp; Milk</i>	<b>Hot Dog on Bun</b> <i>Baked Beans, Fruit &amp; Milk</i>	<b>Cheese-filled Breadstix w/ Pizza Sauce</b> <i>Romaine Lettuce w/ Ranch, Fruit &amp; Milk</i>
Green	<b>Chicken Patty on Bun</b> <i>Sweet Potato Fries, Fruit &amp; Milk</i>	<b>BBQ Riblet on Bun</b> <i>Onion Rings, Fruit &amp; Milk</i>	<b>Brunch for Lunch</b> <i>Omelet, French Toast, Smile Potatoes, Fruit &amp; Milk</i>	<b>Pasta with Meat Sauce</b> <i>Garlic Bread, Romaine Salad, Fruit &amp; Milk</i>	<b>Cheese Pizza</b> <i>Celery Sticks w/ Hummus,, Fruit &amp; Milk</i>
Yellow	<b>Chicken Nuggets w/ Soft Pretzel</b> <i>Green Beans, Fruit &amp; Milk</i>	<b>Pepperoni Pizza</b> <i>Emoji Fries, Fruit &amp; Milk</i>	<b>Grilled Cheese Sandwich</b> <i>Tomato Soup, Fruit &amp; Milk</i>	<b>Walking Taco w/ Tostitos &amp; Cheese</b> <i>Corn, Black Beans, Salsa, Fruit &amp; Milk</i>	<b>Cheese Bites w/ Marinara Sauce</b> <i>California Blended Veggies, Fruit &amp; Milk</i>
Alt. Entree	<b>Grape PB&amp;J</b> <i>w/ String Cheese</i>	<b>Moo Meal</b> <i>Yogurt, Crackers &amp; Cheese</i>	<b>Bagel</b> <i>w/ Cream Cheese</i>	<b>Moo Meal</b> <i>Yogurt, Crackers &amp; Cheese</i>	<b>Fish Patty on Bun</b> <i>w/ Cheese</i>

\* Menu subject to change due to product availability.

AUGUST					SEPTEMBER					OCTOBER					NOVEMBER					DECEMBER										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Blue				17	18	Green					1	Yellow	2	3	4	5	6	Yellow			1	2	3	Green					1	
Red	21	22	23	24	25	Yellow	4	5	6	7	8	Blue	9	10	11	12	13	Blue	6	7	8	9	10	Yellow	4	5	6	7	8	
Green	28	29	30	31		Blue	11	12	13	14	15	Red	16	17	18	19	20	Red	13	14	15	16	17	Blue	11	12	13	14	15	
Aug 17 - First day of school for students						Red	18	19	20	21	22	Green	23	24	25	26	27			20	21	22	23	24	Red	18	19	20	21	22
						Green	25	26	27	28	29	Yellow	30	31				Green	27	28	29	30				25	26	27	28	29
					Closed: Sept. 4- Labor Day Holiday					Closed: Oct. 13 - Teacher In-service					Closed: Nov. 20-24 Thanksgiving Holiday					Closed: Dec. 20-Jan. 2 - Christmas Holiday										
JANUARY					FEBRUARY					MARCH					APRIL					MAY										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Green	1	2	3	4	5	Green					1	2	Green					1	Green	1	2	3	4	5	Green			1	2	3
Yellow	8	9	10	11	12	Yellow	5	6	7	8	9	Yellow	4	5	6	7	8	Yellow	8	9	10	11	12	Yellow	6	7	8	9	10	
Blue	15	16	17	18	19	Blue	12	13	14	15	16	Blue	11	12	13	14	15	Blue	15	16	17	18	19	Blue	13	14	15	16	17	
Red	22	23	24	25	26	Red	19	20	21	22	23	Red	18	19	20	21	22	Red	22	23	24	25	26	Red	20	21	22	23	24	
Green	29	30	31			Green	26	27	28	29		Green	25	26	27	28	29	Green	29	30				May 10 - Records Day- No School						
Closed: Jan. 12-15-Martin Luther King Day					Closed: Feb. 16-19 President's Day Holiday					Closed: March 15 - Teacher In-service					Closed: April 1-5 - Easter Holiday					May 22 - Last day of school										

Cycle Menu Rotation Key: Color indicates weekly cycle for lunch menu; Bold Days = 1st and last day of school; Gray Color Square = School Closed

### MEAL RATES:

#### Student Breakfast

All breakfast meals FREE  
\$0.50 Milk Only

#### Student Lunch

Paid Lunch: \$3.25 Free or Reduced: \$0.00  
\$1.50 extra entree or \$0.50 Milk Only

#### Staff Breakfast

\$2.25 Breakfast, meals only

#### Staff Lunch

\$4.85 Lunch; \$2.25 Entree Only

This institution is an equal opportunity provider.